

RIVERSIDE football

RECRUITING- WE NEED YOUR HELP TO MAKE YOUR SEASON THE BEST IT CAN BE!

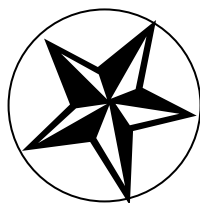
EVERYONE IS WELCOME TO COME PLAY FOOTBALL AT RIVERSIDE. ENCOURAGE YOUR FRIENDS FIND AN ATHLETE AT THE SCHOOL THAT CURRENTLY DOESN'T PLAY AND GET THEM TO THE WEIGHTROOM AND PARTICIPATE IN FOOTBALL.

PROGRESS REPORTS DUE ON EACH FRIDAY STARTING TOMORROW!

1. LOG ONTO STUDENT ACCESS FROM THE FOOTBALL WWW.AUBURNRIVERSIDEGRIDIRON.COM OR SCHOOL WWW.AUBURN.WEDNET.EDU/ARHS WEBSITES
2. CLICK ON GRADEBOOK
3. PRINT THAT PAGE. IT SHOULD HAVE YOUR CURRENT CLASSES WITH GRADES.
4. YOU ONLY HAVE TO GET A TEACHER SIGNATURE IF YOU WANT TO DISPUTE THE GRADE THAT IS LISTED.

AWARD DECALS- (OFF-SEASON)

IF YOU ARE ELIGIBLE FOR A DECAL, YOU WILL NEED TO BRING YOUR GRADES TO THE COACH TO RECEIVE YOUR DECAL IN THE FALL.
STARS – 3.1 CUMULATIVE GPA AT EACH SEMESTER OR 4.0 IN ANY SEMESTER
PRIDE – 125 PP, 150 PP, 175 PP, ETC. OR SILVER, BLUE, OR BEST OF THE NEST CLUB MADE



PRIDE POINTS
(SEE ATTACHED)



SPRING BALL STARTS JUNE 1ST
SEE CALENDAR FOR MORE DETAILS.
DO YOU WANT TO BE A CAPTAIN?

SUMMER CAMP AT UPS JULY 12TH-16TH
-SEE REGISTRATION BROCHURE FOR MORE DETAILS

CHANGES IN THE WEIGHTROOM

IF YOU WANT THE PRIDE POINT YOU WILL DO THE FOOTBALL WORKOUT.
LEARN CORRECT TECHNIQUE BOTH LIFTING AND SPOTTING.
BE THERE WHEN IT BEGINS, LIFT AS A TEAM. WHEN THE TEAM IS DONE, YOU ARE DONE.

WHAT CAN I DO TO GET READY FOR THE 2009 FOOTBALL SEASON?

1. BE A LEADER AND PROMOTER OF RAVEN FOOTBALL

- A. RECRUIT YOUR FRIENDS
- B. BE IN THE WEIGHT ROOM OR IN ANOTHER SPORT
- C. BE COMMITTED TO MAKING YOURSELF THE BEST ATHLETE THAT YOU CAN BE

2. MAKE SURE THAT ELIGIBILITY IS NOT AN ISSUE FOR YOU

- A. EARN YOUR PRIDE POINTS, SO YOU ARE VARSITY ELIGIBLE
- B. KEEP GOOD GRADES, 2ND SEMESTER COUNTS TOWARD NEXT FALL SEASON
- C. GET YOUR NECESSARY PAPER WORK DONE INCLUDING PHYSICALS DURING THE SUMMER AFTER JULY 1ST.