

RAVEN FOOTBALL PRIDE POINTS

Pride points are awarded for all the things that players do that directly benefit their ability to perform and play on the football field for ARHS. Pride Points are awarded on a daily basis for commitment to being a Raven Football player.

PRIDE POINTS ARE AWARDED AS FOLLOWS: FOOTBALL RELATED

1. Daily workout in the weight room:
 - a. Winter, Spring = 1pt
 - b. During Breaks = 2pt
2. Summer workouts (after school is out) = 1pt
3. Spring Ball practice (approx. 11 practices) = 2 pts per practice
4. Camp (5 days) = 5 pts per day
5. Summer Passing League = 2 pt per day
6. Meeting with position coach in Summer (e.g. OL going over run plays on turf) = 1 pt per day
5. **oPPportunity** (extra workouts that are done above what is expected from players during fall camp, e.g. extra conditioning or lifting) = 1 pt per oPPportunity

NON FOOTBALL RELATED

- Involvement in a winter or spring Sport = Automatic 50 Pts (providing you finish the season in good standing)
- Power Lifting = 5 pts per meet with a max of 25 Pts.
- Team community service opportunities (ie. working youth camp, annual action, or work parties) = 1 pt. per hour (4 hour minimum)

*Pride Points are designed to encourage individual players to become a better football player as well as building team chemistry. Therefore, no Pride Points will be awarded for programs outside of Auburn Riverside High School.

WHEN DO PRIDE POINTS START?

Last November! We have kept track of all points accumulated by players on a daily basis. Pride Points will be posted in the weight room and updated Pride Points can always be checked on the weight room computer.

PRIDE POINTS WILL ALSO DETERMINE ELIGIBILITY TO PLAY IN VARSITY FOOTBALL GAMES.

Each player will need to accumulate 100 Pride Points in order to play in a varsity football game next season.

The rules are as follows:

1. 100 Pride Points are needed to have the opportunity to participate in any of the Auburn Riverside Varsity Football games (on top of all WIAA standards).
2. Players will have to accumulate at least 50 PP in Football related activities during the course of the off-season, 15 of which have to come from summer workouts.
3. Players cannot use more than 50 PP from other sports programs towards their 100 Pts needed to participate in football games. (e.g. a player would be awarded 50 pp for wrestling, basketball, swimming, etc for their winter phase. Players would also be awarded 50 PP for Baseball, Track, or Soccer in their spring phase if they participate in those sports)

4. Any player not reaching 100 PP will be allowed to practice with the team but will not be allowed to play in the any varsity game until requirements are met.
5. No out of school athletic programs will count towards Pride Points.
6. Any player not meeting these requirement will not be able to play in a varsity game and will have to do oPPportunity until these requirements are met.

PRIDE POINT STANDINGS WILL DETERMINE THE FOLLOWING:

1. The order in which we hand out gear for spring ball (Helmets, Shoulder pads, etc) the players with the most Pride Points get first choice of gear.
2. ISSUING GAME UNIFORMS. PRIDE POINTS STANDINGS WILL DETERMINE WHO GETS FIRST CHOICE OF JERSEY NUMBERS. If a returning letterman is in the top 15 then they will be allowed to retain their jersey number. If there is a tie, we will default to returning letterman, then seniority (e.g. Senior before junior, etc).
3. **The top player with the highest Pride Point totals after Spring Ball will have their UPS Summer Camp paid for courtesy of the GridIron Club.** The #2 and #3 player with the highest Pride Point total will get half of their UPS camp paid for. If there is a tie, then the funds will be distributed equally for that position in pride point standing.

EXAMPLE:

Joe Raven Wrestles in the winter. In the spring, he plays baseball for ARHS. He goes to every day of practice in spring ball and goes to camp. He also makes 25 days of the weight room in the summer.

Total Pride Points		Pride Points towards the 100 needed to play	
Wrestling	= 50 pts	Winter	= 50 pts
Baseball	= 50 pts	Spring Ball	= 14 pts
Spring Ball	= 14 pts	Camp	= 25 pts
Camp	= 25 pts	Summer	= 25 pts
Summer	= 25 pts		

Total PP for Gear Issue and Uniform Checkout = 164 PP
 Pride Points towards Varsity Eligibility (100 PP needed) = 114 PP

Joe Raven would have 164 PP in the points standings for gear issue, jersey number selection, and camp. He would also have 114 towards his 100 PP needed to play (he only has 114 towards the 100 because of Rule 2 and 3).

WEIGHT ROOM MAXES IN THE OFF-SEASON

When a player maxes they will be eligible to make the weight board.

There will be rewards for making the weight board:

1. Blue Club earns a blue club weight room T-Shirt AND a “**Pride**” award decal for their helmet next fall.
2. Silver Club earns a silver club weight room T-Shirt AND a “Pride” award decal for their helmet next fall.
3. “Best of the Nest” Club earns a “Best of the Nest” T-Shirt AND a “Pride” award decal for their helmet next fall.

If a player makes the weight board his name will stay up there until the next max out and then he will have to prove it again. **Players making “Best of the Nest” will stay up there forever!**